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A Karate Story: Thirty Years in the Making: O'Dowd, Seamus ...

The autobiography of well-known Irish karate instructor, Seamus O'Dowd. The book chronicles his journey, over a period of thirty years, from complete novice to high-ranking and respected international instructor for Bo-Jutsu and Tai Chi. Simple, humorous and heart-warming, the book will inspire and entertain martial artists of all levels.

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A Karate Story: Thirty Years in the Making by Seamus O'Dowd

A Karate Story: Thirty Years in the Making O'Dowd Seamus. Year: 2016. Language: english. ISBN 13: 978-1-78301-895-6. File: EPUB, 4.41 MB. Send-to-Kindle or Email . Please login to your account first; Need help? Please read our short guide how to send a book to Kindle. ...

A Karate Story: Thirty Years in the Making | O'Dowd Seamus ...

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Holding the rank of 6th Dan in karate (SKIF) he is also certified as an international instructor and examiner in Bo-Jutsu and T'ai Chi. He has written articles and conducted interviews for several international magazines. "A Karate Story" is his first book, detailing his life in martial arts over a thirty year period.

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A Karate Story: Thirty Years in the Making. The autobiography of well-known Irish karate instructor, Seamus O'Dowd. The book chronicles his journey, over a period of thirty years, from complete novice to high-ranking and respected international instructor for Bo-Jutsu and Tai Chi. Simple, humorous and heartwarming, the book will inspire and entertain martial artists of all levels.

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A karate story. Thirty Years in the Making (eBook, 2016

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Mr O'Dowd has written a straightforward factual account of his karate training over 30 years, describing events simply and fairly. The book is well-written and easy to read, rich in interesting anecdotes and paced to keep you turning the pages. More importantly for any karate student, it illustrates Seamus' approach to karate training.

A Karate Story: Thirty Years in the Making eBook: O'Dowd

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Acclaimed TV series Cobra Kai picks up story of The Karate Kid 30 years later Ralph Macchio (right) and William Zabka in the acclaimed TV spin-off Cobra Kai.

Acclaimed TV series Cobra Kai picks up story of The Karate ...

Seamus O'Dowd is an Irish instructor of karate, bo-jutsu and tai-chi. He teaches seminars on behalf of SKIF in many countries each year. He has produced multiple instructional DVDs, written an autobiographical book - A Karate Story - as well as a popular blog, and he also contributes regularly to Shotokan Karate Magazine.

Seamus O'Dowd

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Three decades deep into marriage with Kyra Sedgwick, Kevin

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Bacon has nothing to offer by way of guidance. Asked the key to their now 32-year union, he quipped to Entertainment Tonight back in 2015 ...

The Truth About Kyra Sedgwick and Kevin Bacon's Enduring ...

Danny then finds his own karate teacher and mentor, Mr Miyagi - played by Pat Morita in an Oscar-nominated performance - and defeats Johnny in a karate tournament. Cobra Kai picks up the story 30 years later, with Danny now a successful business owner and family man.

TV series 'Cobra Kai' picks up story of 'The Karate Kid ...

Released in the summer of 1984, The Karate Kid became a sleeper hit and one of the highest-grossing movies of the year, finishing fourth overall behind Ghostbusters, Indiana Jones and the Temple ...

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